General Education Reflection

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As a transfer student to Iowa State, I have a very unique view on general education classes. As I only took two general education classes here at Iowa State. In this reflection, I will dive into a few of the different courses I took and their impact on my problem-solving process.

Throughout my time here at Iowa State and my previous university the general education courses helped me form new perspectives on how to solve problems. For example, CJ 360x dove into how Latina women are often trapped by cultural norms and don't come forward about abuse. This shifted my perspective to understand that not everything can be said or expressed and that to get the whole picture I will need to think very critically and read all the information available before deciding. Understanding that many Latina women are trapped needs to be understood at the economic level, if I am creating a building intended for Latina women the design will be different from that of other cultures, knowing what many of them went through.

One course that I did not take at Iowa State but is required is General Psychology at Lewis University. This course really changed how I approach people and problems in general, by better understanding what people are feeling and how the behavior is showing I can make a better decision. For example, if someone is not truly happy with an idea for a solution but doesn't want to slow the process down, they might say that the plan is fine, but being able to read their body language I might be able to see that they don't like the idea and be able to help them expressive their dislike of it.

In conclusion, although my experience is different as a transfer student. General education courses can have a huge impact on a person's problem-solving process and decision-

making process. My exposure to these different general education courses both here at Iowa State, and at my previous university has broadened my view and given me the skills needed to make the best possible chance to correctly analyze the problem.